

COME TO JOIN US

the Planned Parenthood Association of Thailand (PPAT)
under the Patronage of Her Royal Highness the Princess Mother



Facebook/ PPATBANGKOK



Twitter/ PPATTHAILAND



Youtube/ PPAT CHANNEL



Instagram/ PPAT.BKK



www. ppat.or.th



Line@Happy Family by PPAT

8 Soi Vibhavadi-Rangsit 44, Vibhavadi-Rangsit Road,
Ladayaao, Chatuchak, Bangkok 10900
Tel. +66 2 941-2320 Fax. +66 2 561-5130



The Planned Parenthood Association of Thailand
under the patronage of Her Royal Highness the Princess Mother

Annual Report 2023

WWW.PPAT.OR.TH

Content

05

Strategic Issue 1

Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country.

10

Strategic Issue 2

Promote rights and equality in reproductive health and sexual rights.

14

Strategic Issue 3

Create network alliances to promote reproductive health and sexual rights.

15

Strategic Issue 4

Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance.

17

Appendix

PPAT 17th Council Members 2021 – 2025

1. Assoc. Prof. Dr. Luedech Gridwichai	President
2. Mr. Anukul Peedkaew	Vice President
3. Asst. Prof. Dr. Sukanya Sripcho	Secretary-General
4. Mrs. Penpan Chittasenee	Treasurer
5. Miss Dadchaneeya Ruttanasiri	Registrar
6. Dr. Panpimol Wipulakorn, M.D.	Member
7. Miss Sirichandra Balakanich	Member
8. Mrs. Ameenoh Meedsen	Member
9. Assoc. Prof. Dr. Shayaniss Kono	Member
10. Mr. Wichian Neamnom	Member
11. Prof. Vorapong Phupong, M.D.	Member
12. Asst. Prof. Sanya Patrachai, M.D.	Member
13. Dr.Kittipong Saejeng, M.D.	Member
14. Miss Intharadara Chuengdee	Youth Member
15. Mr. Paramet Maneerat	Youth Member
16. Mr. Sooksodchueh Sooksomchitra	Youth Member

PPAT Senior Staff

1. Dr. Nanthakan Sungsuman Woodham	Executive Director
2. Mrs. Nuttakan Yimrit	Deputy Executive Director (Central Office)
3. Mrs. Patcharaporn Leepreecha	Deputy Executive Director (North Regional Office)
4. Mrs. Warunee Tungsi	Deputy Executive Director (Northeast Regional Office)
5. Dr. Ai-yakarn Ai-yakarn, M.D.	Deputy Executive Director (South Regional Office)

Project	Source of funding	Duration
Strategic Issue 2 : Promote rights and equality in reproductive health and sexual rights. (8 Projects)		
1. The Project on Increasing Access to Knowledge and Services on Sexual and Reproductive Health and HIV Prevention in Educational Institutes and Communities	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
2. The Project on Fishermen's Life Enhancement Center	Charoen Pokphand Foods Co.,Ltd.	Jan – Dec 2023
3. Quality of Life Improvement, Tak Bai district, Narathiwat Province Project	Foundation for the Planned Parenthood of Thailand (FPT)	Jan – Dec 2023
4. The HIV Prevention Promotion among Youths in Educational Institutes Project (second period)	Institute of Urban Disease Control	Nov 2022 - Jul 2023
5. The HIV Prevention Promotion among Youths in Educational Institutes in Pathumthani province Project	Office of Disease Prevention and Control 4 Saraburi	Dec 2022 - Sep 2023
6. Peer Leaders' Capacities Enhancement to Prevent and Stop AIDS problem	Office of Disease Prevention and Control 1 Chiang Mai	Jan – Sep 2023
7. The SRHR knowledge and HIV Prevention Service Provision in Education Institutes in North Region Project	Gilead Asia Pacific Rainbow Grant	Jan 2022 - Jan 2023
8. Empowering our Youth access to SRHR and FP	The United Nations Population Fund (UNFPA Thailand)	May – Dec 2023
Strategic Issue 3 : Create network alliances to promote reproductive health and sexual rights. (2 Projects)		
1. SRHR Knowledge Dissemination for Quality of Life Improvement	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
2. Research and Program Development Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
Strategic Issue 4 : Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance. (4 Projects)		
1. Social Enterprise Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
2. Monitoring and Evaluation Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
3. The Organization and Resource Development Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
4. PPAT Bangkhen Clinic Renovation for Building Maintenance Project	Foundation for the Planned Parenthood of Thailand (FPT)	Jan – Jun 2023

A Message from President

In 2023, The Planned Parenthood Association of Thailand (PPAT) Under the Patronage of Her Royal Highness the Princess Mother launched its new strategic plan for 2023-2028. This plan aligns with the strategy of the International Planned Parenthood Federation (IPPF Come Together 2023-2028), the 20-year national strategic plan, the 13th National Economic and Social Development Plan, and the National Reproductive Health Policy No. 2. The aim is to enhance the quality of life for all groups of people by adhering to the principle of emphasizing people as the center.

2023 has brought challenging and significant changes to our operations. Under the new corporate strategic plan, which focuses on improving the quality of life of the population, advocating for reproductive health policy, and building a network of partners, PPAT aims to develop effective organizational management to become a leader in education about sexual reproductive health and rights. In the past year, PPAT has worked proactively, to support the participation of network partners and communities in sustainably improving the population's quality of life and the social conditions. The service status of all 9 PPAT medical clinics has been strengthened to ensure quality, while innovations in modern reproductive health care, such as service through telemedicine, have been introduced to increase equal access to reproductive health services.



In 2023, PPAT reached a target group of 61,337 people, providing access to sexual reproductive health and rights through 28 projects, PPAT medical clinics, telemedicine services, and mobile medical units. These services catered to people of all age groups, particularly vulnerable groups, the underprivileged, and those who are hard to reach, ensuring they received quality services. This was made possible with budget support from government agencies, the private sector, and civil society, both domestically and internationally.

These achievements demonstrate the commitment, sacrifice, and dedication of the 17 National Council members, volunteers, and PPAT staff, including a network of government agencies, the private sector, and civil society, all of which have consistently supported PPAT's operations with great generosity and effectiveness.

On behalf of the 17th National Council of PPAT, we extend our heartfelt gratitude to everyone who has significantly contributed to our journey. Your unwavering support and dedication have been instrumental in helping us overcome numerous challenges and achieve our goals.

Assoc.Prof.Dr.Lurdech Gridwchai
President



The Planned Parenthood Association of Thailand (PPAT), under the patronage of Her Royal Highness the Princess Mother, has embarked on a new strategic plan for the years 2023-2028, aligning with international frameworks and the strategic objectives set by the International Planned Parenthood Federation (IPPF). The four pillars of this plan include prioritizing people-centered care, advocating for reproductive health policies, fostering network alliances, and enhancing organizational efficiency and development.

As a non-profit organization, PPAT is at the forefront of promoting knowledge on sexual and reproductive health and rights. The organization's mission is to provide comprehensive information and services to individuals and specific demographics, particularly marginalized and gender-diverse groups, empowering them to make informed decisions about their reproductive healthcare. PPAT also strives to raise awareness about sexual and reproductive health and rights, advocating for equality and ensuring access to health and social welfare services.

The organization's efforts focus on preventing and addressing unplanned pregnancies, offering safe abortion services, and mitigating the transmission and impact of sexually transmitted diseases and HIV infection among targeted population and demographics. PPAT collaborates with governmental, private sector, civil society, and local government organizations both nationally and internationally to advocate for sexual and reproductive health and rights. Additionally, the organization supports volunteers in driving advancements in this field, aiming to enhance overall quality of life.

In 2023, PPAT expanded its medical clinic service channels by leveraging innovative technology to offer services through telemedicine platforms, improving access to healthcare for individuals facing challenges in accessing traditional services. The organization continues to deliver services through its 9 PPAT Clinics, ensuring high-quality counseling and reproductive health services for all target population. This includes the Baan Hormlamduan Elderly or Dependent Care Center, which provides friendly, high-quality, and standard care services tailored to the elderly.

PPAT also deploys proactive mobile clinic across educational institutions, businesses, and communities to disseminate knowledge and provide services aimed at preventing unplanned pregnancies, sexually transmitted diseases, and HIV infections. In 2023, 28 projects were implemented, reaching a total of 61,337 individuals within the target population. These activities are facilitated by volunteers, relevant agencies, and community members in the project areas.

The organization receives financial support from governmental agencies, the private sector, and civil society, both domestically and internationally, totaling 123,813,090 baht. This funding has contributed to the successful execution of PPAT's operations in 2023, aligned with the strategic plan for 2023-2028, which is structured around four strategic objectives.

Appendix 2

Project according to Strategic Plan and source of funding (26 Projects)

Project	Source of funding	Duration
Strategic Issue 1 : Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country (14 Projects)		
1. Family Planning and Reproductive Health Integration Services Project	Local Income	Jan – Dec 2023
2. Baan Hormlamduan Nursing Home Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
3. Baan Hromlamduan Kitchen Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
4. SRHR Assistance towards Displaced Persons in Humanitarian Crisis Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan – Dec 2023
5. The Promotion of HIV Testing and AIDS Treatment Services among Migrants Workers Project	AIDS Healthcare Foundation (Thailand)	Jan – Dec 2023
6. Comprehensive Sexual and Reproductive Health Sexual Services Through Telemedicine in South Region Project	Global Fund	Jan – Sep 2023
7. The HIV Prevention Service for Female Sex Workers in Chiang Mai Province Project	Office of National Health Security 1 Chiang Mai	Dec 2022 - Jul 2023
8. HIV Prevention Service for Female Sex Workers in Nonthaburi and Pathumthani Province Project	Office of National Health Security 4 Saraburi	Nov 2022 - Jul 2023
9. The Promotion of HIV testing and AIDS treatment services among MSM/TG in Bangkok Project	Office of National Health Security 13 Bangkok	Dec 2022 – Aug 2023
10. The Pilot End-to-End Referral System to Increase Female Migrant Workers' Access to Comprehensive Abortion Care Project	Grand Challenges Canada (GCC)	Dec 2020 - Apl 2023
11. Promotion of HIV testing and AIDS treatment Service among Vulnerable Groups in Bangkok Project	AIDS Healthcare Foundation (Thailand)	Jan – Dec 2023
12. Covid-19 Prevention to Most at Risk Population	Global Fund	Jan – Sep 2023
13. The HIV Prevention Service for Female Sex Workers in Khon Kaen Province Project	Office of National Health Security 7 Khon Kaen	Jan – Aug 2023
14. Meeting the essential Sexual and Reproductive Health needs of Myanmar refugees on the Thailand and Myanmar Border	Australian AIDs	Nov 2022 – Feb 2023

Goal 4.2 : Adhere to good governance in a democratic way to build confidence in work that lead the organization towards sustainability.

Table 8 : Key Achievement According to Goal 4.2

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) All personnel have performance agreement and evaluation guidelines that be updated annually. (Percentage)	100	-	-
2) Percentage of personnel/volunteers with good working skills to be conveyed to others. (Percentage)	80	85	106.25

Goal 4.3 : To be an organization with financial competence and self-reliance and sustainable.

Table 9 : Key Achievement According to Goal 4.3

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Management structure and one-stop service unit.	1	1	100
2) Model/guidelines for the organization's income self-reliance and sustainable under the concept of social enterprise.	1	1	100

Strategic Issue 1

Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country.



PPAT offers a comprehensive range of services through its 9 medical clinics, which adhere to established standards for quality care and friendliness. These services are further extended through innovative Telemedicine channels, benefiting a total of 24,628 individuals. In addition to its medical clinics, PPAT provides specialized care for the elderly at Baan Hormlamduan, a facility certified by the Ministry of Public Health, currently serving 15 recipients. To support its operations, PPAT receives financial support from both domestic and international sources, enabling the organization to operate 20 projects. Proactively, PPAT deploys mobile clinic in various areas to deliver essential reproductive health services, prevent unplanned pregnancies, and conduct HIV/STI testing. These efforts specifically target vulnerable groups such as youth/teenagers, female sex workers (FSW), men who have sex with men (MSM), migrant workers, and the visually impaired, reaching a total of 28,396 individuals. The success of these projects is largely attributed to the active participation of local communities, which play a crucial role in driving, promoting, and supporting project objectives within their respective areas.



Family Planning and Reproductive Health Integration Services Project. PPAT operates 9 strategically located clinics across Thailand, with 2 in Bangkok (Bang Khen and Pinklao), 3 in the North (Chiang Mai, Chiang Rai, and Lampang), 2 in the Northeast (Khon Kaen and Ubon Ratchathani), and 2 in the South (Hat Yai and Phuket). These clinics function as integrated reproductive health service, adhering to standardized protocols to ensure the safety and quality of care. They serve as platforms for imparting knowledge and understanding, with 23,830 individuals benefiting from information, counseling, and reproductive health services. Additionally, 6 PPAT clinics (Bang Khen, Hat Yai, Chiang Mai, Chiang Rai, Lampang, and Khon Kaen) collaborate to provide health promotion and disease prevention services under the National Health Security System (NHSSO). Through these clinics, 873 individuals exercise their rights to access birth control and family planning services. To further expand its reach, PPAT has introduced a Telemedicine system accessible through the Web App <https://ppat.clinic/>. This initiative is currently being piloted at the PPAT medical clinic in Hat Yai, with 798 individuals expressing interest in utilizing services through the WebApp platform.



Baan Hormlamduan Nursing Home Project. The Baan Hormlamduan Elderly Care Center provides a welcoming, high-quality, and secure environment for elderly care services. Currently, the center serves 12 elderly individuals who receive care from a team of trained nurses and caretakers. These professionals have completed the Elderly Caregiver Training Course administered by the Department of Health, Ministry of Public Health, ensuring they are well-equipped to provide personalized healthcare services, proper nutrition, and engaging daily activities tailored to the preferences of the elderly. The center places a strong emphasis on collaboration with family members to plan and deliver services, fostering a positive and supportive atmosphere. In recognition of its commitment to excellence, the Baan Hormlamduan Elderly Care Center has been honored with the Thailand Universal Design Nursing Home Standard award, further underscoring its dedication to providing exceptional elderly care services.



The Promotion of HIV Testing and AIDS Treatment Services among Migrants Workers Project. PPAT receives funding from the AIDS Healthcare Foundation (Thailand) to facilitate access to HIV testing, treatment for sexually transmitted diseases, and immunodeficiency among migrant workers in the Mae Sot District of Tak Province. This initiative is carried out through proactive mobile units and migrant worker community health centers. PPAT offers rapid HIV testing services, alongside providing essential knowledge and counseling. A total of 3,679 migrant workers have received HIV testing and counseling services. Furthermore, PPAT assists in referring individuals diagnosed with HIV to access antiretroviral (ARV) treatment at Myawaddy Hospital in Myanmar. Condom services are also provided for migrant workers as part of this program. Campaign activities are organized on World AIDS Day and International Migrant Workers Day in collaboration with network organizations dedicated to supporting migrant workers in Tak Province. These efforts have helped raise awareness among the target group about the importance of prioritizing their health, preventing sexually transmitted diseases and HIV, and accessing HIV testing and general health check-ups.

Goal 3.2 : Collaborate with government agencies, private sector, civil society and local government organizations that are allies in developing innovations and exchanging knowledge for advancing work on reproductive health and sexual rights.

Table 6 : Key Achievement According to Goal 3.2

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of meetings, seminars and knowledge exchange forums organized under the cooperation of partner agencies. (Times)	4	22	550
2) Number of research/innovations/new initiatives funded from funders. (Initiatives)	1	2	200
3) Number of research, articles, infographic discriminated and published. (Articles)	2	7	350
4) Number of research reports or programs/projects supporting PPAT strategy. (Reports)	2	4	200

Strategic Issue 4 : Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance. (4 Projects)

Goal 4.1 : To be a learning organization with potential and excellence in reproductive health and sexual rights based on the principle of volunteer participation.

Table 7 : Key Achievement According to Goal 4.1

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Service quality certificate awarded by IPPF to the PPAT. (Certificate)	1	1	100
2) Participation of external experts as committee members in the organizational structure. (Persons)	20	46	230
3) develop a 5-year personnel development plan. (Plan)	1	-	-
4) Number of activities organized to promote safety and environmental friendliness. (Projects)	2	2	100

** Note : PPAT has an annual personnel development plan. The 5-year long-term personnel development plan is currently underway.

Strategic Issue 2 : Promote rights and equality in reproductive health and sexual rights. (8 Projects)
Goal 2.1 :Promote and support government agencies, the private sector, civil society and local governments in advancing policies and laws related to reproductive health and sexual rights into practice.

Table 3 : Key Achievement According to Goal 2.1

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of agencies that continuously support implementation of the policy. (Organizations)	2	3	150
2) Number of media posts to provide knowledge that the agency produces for public dissemination. (Times)	200,000	235,900	117.95

Goal 2.2 : Promote and support networking of public, private and civil society organizations with a focus on children and youth networks to drive society to have values and equal gender norms.

Table 4 : Key Achievement According to Goal 2.2

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of institutions participating in sexuality education. (Institutions)	20	100	500
2) Number of communities that support the operations of the Children and Youth Network. (Communities)	5	9	180
3) Number of agencies providing budget support or operational resources. (Organizations)	5	12	240
4) Number of projects that children and youth volunteers participate in or initiate. (Projects)	3	8	266.6

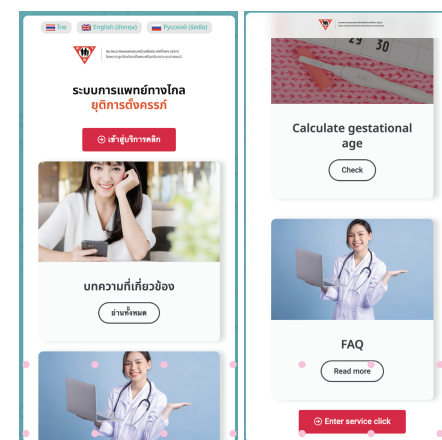
Strategic Issue 3 : Create network alliances to promote reproductive health and sexual rights. (2 Projects)
Goal 3.1 : Collaborate with government agencies, the private sector and civil society, local government organizations and individuals/groups who are allied to support social movements on reproductive health and sexual rights.

Table 5 : Key Achievement According to Goal 3.1

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of agencies/groups of people participating in organizing public forums. (Organizations)	2	4	200
2) Number and type of medias that the agency produces and disseminates to the public. (Types)	3	3	100



Comprehensive Sexual and Reproductive Health Sexual Services Through Telemedicine in South Region Project. PPAT has received funding from Global Care to establish a telemedicine system (Web App <https://ppat.clinic/>) staffed by specialized doctors from the PPAT Hat Yai medical clinic. This system aims to address issues related to unplanned pregnancies. Through this platform, counseling services have been provided to 998 individuals, with 798 recipients opting for self-care abortion services facilitated by the telemedicine system. Each service session includes consultations and advice from a specialist doctor. Additionally, a coordinator is assigned to facilitate communication between service recipients and providers throughout the service process, ensuring the safety and well-being of the recipients are prioritized.

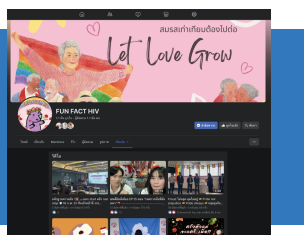


The Promotion of HIV testing and AIDS treatment services among Female Sex Workers and MSM/TG in Bangkok, Chiang Mai, Khon Kaen, Nonthaburi and Pathumthani Province Project. PPAT has secured funding from the National Health Security Office to implement projects across various regions including Bangkok, Chiang Mai, Khon Kaen, Nonthaburi, and Pathum Thani. These projects aim to enhance access to HIV prevention services among female sex workers, men who have sex with men (MSM), and transgender (TG) individuals. Collaborating with volunteers, hospitals, and public health entities in these areas, PPAT organizes mobile clinic activities to disseminate knowledge and offer proactive services. These initiatives focus on detecting HIV and syphilis infections among the target populations. A total of 2,084 individuals have benefited from these services. Furthermore, PPAT ensures continuous follow-up with the target groups to maintain negative test statuses for HIV and syphilis infections and provide referrals for those infected to access appropriate treatment and care.



Promotion of HIV testing and AIDS treatment Service among Vulnerable Groups in Bangkok Project. PPAT has received funding from the AIDS Healthcare Foundation (Thailand) to enhance access to HIV testing, treatment for sexually transmitted diseases (STDs), and AIDS care for vulnerable populations in the Bangkok area. In collaboration with volunteers and government medical personnel, PPAT organizes educational activities aimed at providing knowledge about HIV/AIDS prevention, STDs, and safe condom use to targeted groups. A total of 1,036 individuals participated in these activities. Additionally, for the third consecutive year, PPAT conducted the "Everyone Uses Condoms" Facebook Live event, engaging 73,087 participants. Furthermore, proactive services were conducted to screen for HIV infection and STDs, including syphilis. PPAT has provided counseling services to targeted groups in Bangkok, with 1,147 individuals receiving services and subsequently being diagnosed with HIV or STDs such as syphilis. PPAT ensures that infected individuals are referred to the appropriate treatment system in accordance with their rights. Additionally, condoms and lubricating gel are provided to those accessing services.

Covid-19 Prevention to Most at Risk Population. PPAT has secured funding from the Global Fund to target visually impaired individuals in Bangkok, Pathum Thani, Nonthaburi, and Samut Prakan provinces. To cater to this demographic, PPAT has empowered blind volunteers and mentor volunteers equipped with peer-to-peer communication skills. These volunteers conduct home visits to impart knowledge about COVID-19, healthcare guidelines, and facilitate access to services for the visually impaired. Moreover, audio clips have been created to disseminate COVID-19 information. These clips are distributed via the 1414 hotline and Line platform, where a group of volunteers forwards them to the visually impaired community. Additionally, PPAT has utilized social media platforms such as Facebook and Line Official (FUN FACT HIV) to educate about HIV, STDs, and COVID-19. Small group activities are organized in the area, providing advice and support. Furthermore, groups of men who have sex with men (MSM) in Bangkok and female sex workers (FSW) in Pathum Thani and Nonthaburi provinces have shown interest in receiving screening services for HIV and STDs. They have also received essential items including condoms, lubricant, survival kits, and COVID-19 prevention equipment.



Appendix 1

Key Achievement in 2023 According to Strategic Plan 2023 - 2028

Strategic Issue 1 : Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country (14 Projects)

Goal 1.1 : Standard quality service system, which meets the needs of diverse target groups comprehensively, and with respect for human rights.

Table 1 : Key Achievement According to Goal 1.1

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of target groups accessing PPAT's services. (Persons)	20,000	24,628	123.1
2) Customer satisfaction level for PPAT services. (Percentage)	75	77	102.7
3) All service delivery point pass standardized service system according to Youth Friendly Health Services (YFHS) (Percentage)	100	100	100
4) All service delivery point pass Quality of Care Service standard of the IPPF. (Percentage)	100	100	100
5) Personnel who have undergone training on service management with quality and standards (Quality of Care) (Percentage)	95	97	102.1
6) Elderly and dependent care center certified by Ministry of Public Health. (Standard)	1	1	100
7) Personnel who have undergone training from internal and external organization. (Percentage)	100	97	97

Goal 1.2 : The specific target population is supported and encouraged to achieve good health and quality of life, to take care of themselves, and to maintain good reproductive health, while promoting equality and self-reliance.

Table 2 : Key Achievement According to Goal 1.2

Indicators	Target (2023)	Achievement	
		2023	Percentage
1) Number of well-being and quality of life promotion projects organized for specific target groups. (Projects)	20	20	100
2) Number of specific target groups that use the service. (Persons)	25,000	28,396	113.6
3) Number of communities involved in driving operations. (Communities)	12	15	125

Monitoring and Evaluation Project. PPAT aligns its operations with strategic plans by implementing performance monitoring mechanisms through various channels. This includes field visits to oversee operations, data collection, processing, and analysis in line with project objectives and targets. PPAT prepares annual and quarterly work plans and budgets, summarizes performance reports, and evaluates project activities. These evaluations are shared with relevant agencies to provide support and insights. Comprehensive reports are compiled to assess project performance, incorporating feedback to enhance future activities.



The Organization and Resource Development Project. PPAT is advancing organizational management in line with its strategic plan for 2023-2028. This involves engaging external experts and committee members for guidance and insights. PPAT actively collaborates with partners within the reproductive health network and participates in meetings, seminars, and training sessions with government agencies, civil society organizations, and international partners. Staff development is prioritized through knowledge exchange and regular training sessions covering technological advancements, project proposal development, and maintaining medical service standards (Quality of Care). A dedicated working group ensures adaptability to contemporary challenges and fosters sustainability, driving PPAT towards becoming a modern and resilient organization.



PPAT Bangkhen Clinic Renovation for Building Maintenance Project. PPAT received funding from the Family Planning Foundation of Thailand to construct a waiting building in front of the PPAT Bang Khen medical clinic. The project also included enhancing the landscaping around the clinic and waiting area, ensuring a neat and clean environment with added decorations such as plants and comfortable waiting chairs. Sufficient seating was provided to accommodate visitors, improving the facilities based on feedback from service recipients who responded to the "Opinions of patients receiving services at the PPAT clinic" questionnaire.



Meeting the essential Sexual and Reproductive Health needs of Myanmar refugees on the Thailand and Myanmar Border. PPAT has received funding from Australian AIDs to deliver sexual and reproductive health services to Myanmar refugees residing in 5 border areas spanning Thailand and Myanmar. These areas include Mae Sot District, Mae La camp in Tak Province, the Mae Sariang District area, Mae Ra Ma Luang, and Mae La Oon camp in Mae Hong Son Province. To facilitate this, PPAT organized meetings with stakeholders and community leaders in Tak and Mae Hong Son provinces to disseminate information on Minimum Initial Service Package (MISP) services. PPAT offers counseling and guidance on family planning, creating educational materials in the Karen language detailing effective birth control methods. Moreover, a proactive unit has been established to provide services such as oral contraceptives, injectable contraceptives, implants, and condoms. Service providers ensure equality and conduct home visits in temporary shelters, providing information, knowledge, and distributing clean delivery kits after childbirth. This ensures that mothers and newborns can benefit from the kits and maintain good hygiene practices.



Strategic Issue 2

Promote rights and equality in reproductive health and sexual rights.



PPAT is dedicated to advancing and strengthening sexuality education, reproductive health, sexual rights, equality, and gender diversity awareness across 100 educational institutions at all levels. This initiative also extends to 9 communities within the project area, actively engaging children and youth. Young volunteers undergo training to cultivate their potential and play integral roles in implementing sexuality education, reproductive health, and sexual rights initiatives. Their involvement serves to broaden knowledge within educational institutions and communities alike. Moreover, PPAT collaborates with a network of agencies to collectively propel reproductive health initiatives targeting teenagers and youth in the region. Through strategic project operations, these efforts aim to :

1. Increase access to accurate knowledge and understanding of reproductive health rights and comprehensive sex education.
2. Enhance access to reproductive health services provided by PPAT clinics in the project areas.
3. Raise awareness among students, teenagers, and youth about preventing unplanned pregnancies and protecting themselves from sexually transmitted diseases and HIV.



The Project on Increasing Access to Knowledge and Services on Sexual and Reproductive Health and HIV Prevention in Educational Institutes and Communities. PPAT has undertaken initiatives to reach vulnerable groups, particularly teenagers and young people, across educational institutions in various regions, including 14 locations in the northern region, 7 in the northeastern region, and 32 in the southern region. Activities are organized to support leading teachers and students in disseminating accurate knowledge and understanding of reproductive health rights and comprehensive sex education. Additionally, efforts are made to enhance access to reproductive health knowledge and services by involving the target group with services provided by PPAT clinics in the project areas. As a result, a total of 11,529 individuals have received information from leaders. Furthermore, PPAT provides counseling services on reproductive health and contraception to students within educational institutions, facilitated by lead teachers and student leaders. These efforts have contributed to increased awareness among students, teenagers, and youth about preventing unplanned pregnancies and protecting themselves from sexually transmitted diseases and HIV.



Strategic Issue 4

Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance.

PPAT is dedicated to advancing its organizational development to become a leader in sexual and reproductive health and rights, with a strong focus on self-reliance. This commitment involves engaging external experts to enhance various operational aspects. PPAT also adheres to effective management practices by fostering the professional growth and skill development of its personnel, ensuring they are experts in their roles. Additionally, PPAT promotes an organizational culture that supports efficient operations for societal benefit. The organization continuously adapts its operational model to align with current circumstances, implementing various projects, including:

Social Enterprise Project. PPAT adopts a business-oriented approach to support social work initiatives. This includes developing activities aimed at generating continuous income and selling birth control supplies such as oral contraceptives, IUDs, implants, and condoms to hospitals, companies, and the public. PPAT also organizes special events to generate income, supported by domestic and international funding sources.

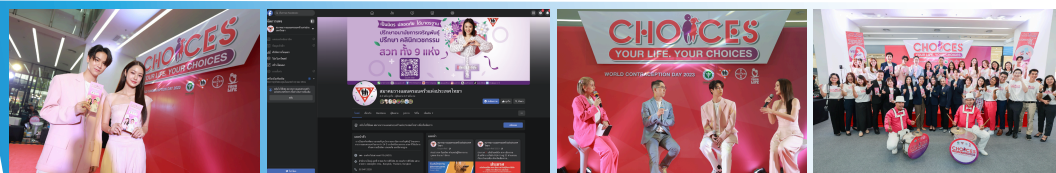


Research and Program Development Project. PPAT diligently prepares project proposals for funding from both domestic and international sources to address operational needs and support access to reproductive health services, family planning, and national policies for target groups. Furthermore, PPAT has compiled a research project report based on preliminary data studies conducted prior to the implementation of the Youth Empowerment Project aimed at facilitating equal access to reproductive health and family planning in Chiang Mai and Phrae Provinces. This project is funded by UNFPA. The findings from the research have been utilized to design and implement activities in the respective areas. Additionally, PPAT contributes to academic discourse by submitting articles and abstracts to disseminate its work in the field of reproductive health, thereby enhancing its visibility and recognition within the academic community.

Create network alliances to promote reproductive health and sexual rights.



PPAT actively collaborates with government agencies and civil society organizations through participation in meetings, training sessions, and exchange forums. These activities aim to share learning and knowledge, as well as drive reproductive health initiatives, particularly in preventing unplanned teenage pregnancies. This collaboration also leads to the development of project operating standards and enhances the quality of services provided by PPAT Clinics. Additionally, PPAT receives budgetary support to implement projects aimed at increasing access to comprehensive reproductive health services and family planning. Moreover, PPAT produces media materials to disseminate knowledge and raise awareness through various channels, including print media such as family journals, brochures, and posters, as well as social media platforms. These platforms are utilized to disseminate information about reproductive health, preventing unplanned pregnancies, and family planning to the project's target groups and the general public.



SRHR Knowledge Dissemination for Quality of Life Improvement. PPAT actively disseminates knowledge and publicizes information on sexual and reproductive health rights (SRHR), as well as the prevention of unplanned pregnancies. This includes showcasing PPAT's activities and initiatives through various media channels accessible to teenagers and the public. These efforts encompass:

1. **Print Media:** Performance reports, family journals, brochures, and posters, which have reached 235,900 individuals.
2. **Radio Broadcasting:** PPAT disseminates knowledge through 25 radio broadcasting stations.
3. **Social Media Platforms:** PPAT utilizes its website (www.ppat.or.th), YouTube, Line@ HAPPY FAMILY BY PPAT, Facebook, Twitter, Instagram, and TikTok to provide teenagers and the public with access to information about reproductive health. Additionally, PPAT organized a press conference to promote World Contraception Day 2023 with the theme "CHOICES: Your Life, Your Choices." The aim was to advocate for correct knowledge and understanding among the target group regarding the selection of contraceptive methods, thereby promoting the prevention of unplanned pregnancies and family planning.



The Project on Fishermen's Life Enhancement Center. PPAT receives funding from Charoen Pokphand Foods Public Company Limited to collaborate with the Songkhla Fishery Worker Welfare and Governance Center. Through this collaboration, PPAT has conducted educational programs for 53 children residing in neighboring areas. These programs are tailored to the knowledge levels of children in each age group, focusing on promoting holistic development, reinforcing life skills, career aptitude, and broadening educational opportunities. Furthermore, PPAT has supported six children in continuing their education in government schools. Additionally, PPAT organizes activities aimed at combating the worst forms of child labor. These activities engage network partners, entrepreneurs, migrant workers, and their families within the fishing industry. Together, they participate in the "Social Justice for All End Child Labor" campaign, advocating to raise awareness and combat the utilization of child labor in its most egregious forms.



Quality of Life Improvement, Tak Bai district, Narathiwat Province Project. PPAT receives funding from the Family Planning Foundation of Thailand to enhance local community awareness of reproductive health and environmental health in Narathiwat Province. This initiative aims to develop leadership skills among regular volunteer leaders, lead teachers, and student leaders at Ban Khok Mueba School, Mittraphap No. 223. PPAT supports the organization of small group activities led by village volunteer leaders, focusing on providing accurate knowledge and understanding about reproductive health, including prevention of unplanned pregnancy, sexually transmitted diseases, and HIV. Furthermore, participants acquire knowledge and skills in producing bio-fermented EM expanded water and multi-purpose EM, which are chemical-free products that reduce household expenses and promote better health practices. Additionally, PPAT organizes family camps to strengthen family bonds, where participants gain awareness of the importance of family unity and learn to recognize and address potential family issues. These camps help couples improve communication and understanding within their families.





The HIV Prevention Promotion among Youths in Educational Institutes Project (second period). PPAT receives funding from the Institute for Urban Disease Control and Prevention to organize training sessions for all five educational institutions in the Bangkok area. The training focuses on utilizing the "Guan Teen" program, with project advisor teachers being trained in program system administration. Participants learn how to apply screening results to support vulnerable and at-risk students, as well as acquire skills in sexual health counseling for students within educational institutions. Students are also trained to utilize the program, enabling them to assess various risky behaviors, including sexual activity, stress, substance abuse, and family violence. They receive guidance on how to address these issues independently. Project advisors utilize evaluation results to develop personalized care plans for students and organize training workshops and public campaigns to enhance youth awareness of global reproductive health issues. Additionally, screening services for HIV and sexually transmitted diseases (syphilis) are conducted in collaboration with the health service for youth within educational institutions.



The HIV Prevention Promotion among Youths in Educational Institutes in Pathumthani province Project. PPAT receives budgetary support from the Disease Prevention and Control Office 4 in Saraburi to organize training sessions aimed at preventing HIV infection and sexually transmitted diseases (syphilis) in 5 educational institutions located in Pathum Thani Province. These sessions involve group learning activities focusing on reproductive health and safe behaviors to prevent sexually transmitted diseases and HIV transmission. PPAT also conducts campaign activities in collaboration with project advisors and youth leaders from the five educational institutions to enhance knowledge and awareness among students regarding responsible and safe sexual practices. The campaign emphasizes understanding risky behaviors that contribute to HIV infection, preventive measures, and early detection methods for sexually transmitted diseases. Additionally, PPAT establishes units to screen for HIV and sexually transmitted diseases (syphilis) within the 5 educational institutions. Individuals found to be infected are referred for treatment in accordance with medical rights and receive advice on physical and mental health care during treatment. Condoms and lubricants are distributed to participants as part of the prevention efforts.



Peer Leaders' Capacities Enhancement to Prevent and Stop AIDS problem. PPAT receives funding from the Office of Disease Prevention and Control 1 in Chiang Mai to organize capacity development activities aimed at educating youth leaders in 2 educational institutions in Chiang Mai Province. These activities focus on providing knowledge and understanding about AIDS/HIV, sexually transmitted diseases, and teenage pregnancy. Equipped with this knowledge, youth leaders in educational institutions are empowered to disseminate information to their peers, family members, and acquaintances. PPAT collaborates with these youth leaders to organize campaign activities and deploy mobile clinic in partnership with the health service network. These units provide information and offer voluntary HIV testing services at Ban Mae Na School in Chiang Dao District, Ban Pa Ko School in Mae Ai District, and the Community Education Center in the Phukao Ban Huai Pong, Chiang Dao District, Chiang Mai Province. The outcomes of these initiatives include participants gaining a correct understanding of AIDS/HIV, sexually transmitted diseases, contraception awareness, and risk assessment for HIV infection. Additionally, participants receive HIV testing services and become familiar with referral networks for youth clinics.



Empowering our Youth access to SRHR and FP. PPAT receives budgetary support from The United Nations Population Fund (UNFPA) Thailand to engage in youth initiatives in collaboration with the Youth Power Network in Chiang Mai and Phrae provinces. These initiatives aim to increase teenagers and young adults' access to knowledge and information about reproductive health and family planning. This is achieved through various channels, including training sessions held in educational institutions, communities, and online platforms such as YouTube and TikTok. The goal is to reduce teenage pregnancy rates by involving families, schools, and communities in the process. Furthermore, these initiatives focus on building the potential of youth leaders, young mothers, and relevant agencies in the area, empowering them to support and advocate for teenagers and youth to access sexual and reproductive health rights. Additionally, mechanisms are created to provide holistic healthcare for teenage parents, addressing adolescent health problems both within educational institutions and communities in a sustainable manner. Moreover, support is provided to ensure teenage mothers receive adequate nutrition during and after pregnancy, further contributing to their overall well-being.