



The Planned Parenthood Association of Thailand
under the patronage of Her Royal Highness the Princess Mother

PPAT 2025

: Reaching People Across Community





Strategic Issue 1

Encourage people to aim for high-quality and be people-centered in providing high-standard services covering target groups across the country.



Strategic Issue 2

Promote rights and equality in reproductive health and sexual rights



Strategic Issue 3

Create network alliances to promote reproductive health and sexual rights.



Strategic Issue 4

Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance.



Appendix

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**Dear PPAT National Committee, Members,
Volunteers, and PPAT Staff,**

The year 2025 marked the third year of implementation of PPAT's 2023–2028 Strategic Plan. Throughout the year, we remained firmly committed to our core mission of promoting equitable access to sexual and reproductive health and rights (SRHR), ensuring that no one is left behind, particularly socially vulnerable populations.

I am proud to share that, in 2025, PPAT successfully implemented 37 projects, reaching 76,681 people through quality services and community-based activities. These achievements would not have been possible without the strong support of our partners from government agencies, the private sector, and international organizations, whose trust in PPAT enabled us to mobilize more than THB 137 million to support our work.

Through our nine clinics nationwide, PPAT provided services to approximately 31,000 people, covering family planning, reproductive healthcare, and counselling.

The introduction of telemedicine was another important milestone, enabling more than 6,273 clients, particularly those facing barriers to travel, to access timely and convenient services. Our services achieved an overall satisfaction rate of 85.6%.

PPAT also conducted proactive outreach across 77 communities, reaching more than 25,570 vulnerable people, young people, and migrant workers. In addition, we provided essential humanitarian services in border and emergency-affected areas, including Tak, Ubon Ratchathani, Sisaket, Hat Yai, and the three southern border provinces.



Our Baan Hormlamduan Elderly Care Center continued to grow steadily as a high-quality senior care facility, achieving an 85% bed occupancy rate and receiving a national Silver Award in recognition of the quality and excellence of its care.

Despite these achievements, we recognize the need to continuously strengthen our organization in response to increasingly complex demographic challenges. Our priorities include advancing research and knowledge generation, developing an effective service-user tracking system, and strengthening financial sustainability to ensure that PPAT remains a trusted and resilient organization for society in the years ahead.

Finally, I would like to express my sincere gratitude to PPAT National Committee, Members, Volunteers, and Staff for your dedication, commitment, and invaluable contributions. I firmly believe that our collective strength will continue to drive PPAT forward, enabling us to make a meaningful and lasting contribution to improving the quality of life for all.

A stylized handwritten signature in black ink.

Assoc. Prof., Naval Lt. Manopchai Thamkhantho
President

Executive Summary

The year 2025 marked the 55th year of operation of the Planned Parenthood Association of Thailand (PPAT) under the Patronage of Her Royal Highness the Princess Mother, and the third year of implementation of the PPAT Strategic Plan 2023–2028. PPAT continued to advance its mission to promote equitable access to Sexual and Reproductive Health and Rights (SRHR), with particular emphasis on underserved populations and socially vulnerable groups.

In 2025, PPAT implemented a total of 37 projects, reaching 76,681 people through its services and program activities. PPAT received a total of THB 137,305,758 in financial support from government agencies, the private sector, and international organizations. This reflects the continued confidence of partners and stakeholders in PPAT, as well as the Association's capacity to deliver sustained and effective SRHR programs and services.

PPAT delivered services through its network of nine PPAT medical clinics across Thailand, which continue to serve as a core mechanism for the provision of sexual and reproductive health services. In 2025, 31,449 clients accessed PPAT clinic services. A total of 41,257 family planning services, 65,680 other sexual and reproductive health services, and 84,433 SRHR counselling sessions were provided.

The expansion of telemedicine services represented another significant advancement. A total of 6,273 clients accessed services through telemedicine, demonstrating the potential of digital health technologies to expand access, particularly for people facing geographical, mobility, or other barriers to in-person services.

Service quality assessments also indicated a high level of client satisfaction, with an overall satisfaction rate of 85.6%.

Reaching Marginalized Populations

PPAT continued its proactive community-based approach to improve access to services among vulnerable and underserved populations, including young people, female sex workers, men who have sex with men, migrant workers, and refugees. Through activities implemented in 77 communities, PPAT reached 25,570 people from priority populations.

One important example was the HIV testing and referral initiative among migrant workers in Tak Province. A total of 3,687 people received HIV testing services, of whom 86 tested positive for HIV. Among those identified, 32 people were successfully referred for antiretroviral therapy (ART). In addition, 58 home visits were conducted for people living with HIV to support treatment adherence and continuity of care.

Humanitarian Response and Border Areas

PPAT continued to play an important role in supporting access to health and SRHR services in humanitarian and border settings, particularly along the Thailand–Myanmar border. This included work in Mae La Temporary Shelter in Tak Province, which accommodates approximately 37,928 people displaced by armed conflict. PPAT also responded to populations affected by the Thailand–Cambodia border conflict, reaching 8,816 people in Ubon Ratchathani and Si Sa Ket provinces. In response to flooding in southern Thailand, PPAT supported affected communities through the distribution of 2,327 hygiene and home-care kits. These interventions contributed to improving access to family planning, sexual and reproductive health services, and essential health information among populations facing significant barriers to accessing mainstream public health services.

Innovation, Research and Knowledge Development

In 2025, PPAT continued to strengthen its role in research and knowledge development. The Association conducted one research study, presented one academic paper at a national conference, and organized one academic forum. The research focused on the outcomes and impacts among young people who had previously participated in PPAT programs addressing sexual and reproductive health, reproductive rights, and equitable access to family planning in Chiang Mai and Phrae provinces during 2023–2024.

Social Innovation and Healthy Ageing

Baan Hom Lam duan Elderly Care Center represents one of PPAT's key social innovations and reflects the Association's evolving response to Thailand's changing demographic context. During 2025, the Center provided services to a cumulative total of 33 older persons, with an average monthly bed occupancy rate of 85%. The Center was also recognized with a Silver Award in Elderly Care at a national academic forum, reflecting the quality and potential of PPAT's elderly care model.

Key Achievements and Future Directions

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The continued growth of telemedicine highlights an important direction for future service delivery. Digital health solutions have significant potential to improve access, particularly for people living in remote areas or those facing geographical, mobility, social, or other barriers to accessing facility-based services.

At the same time, PPAT's sustained engagement with vulnerable and underserved populations—including migrant workers, people displaced by armed conflict, sex workers, and people of diverse sexual orientations and gender identities—remains one of the Association's key strengths. This work reinforces PPAT's role as an organization committed to advancing health rights, equity, dignity, and universal access to SRHR.

Looking ahead, several areas require further strengthening. These include improving systems for continuity of care and client follow-up, expanding research, evidence generation, and knowledge management, and strengthening the Association's financial sustainability to support the continued development and expansion of PPAT's programs and services in response to emerging population and health needs.



Achievements in PPAT's 55th Year

In its 55th year of operation, the Planned Parenthood Association of Thailand (PPAT) under the Patronage of Her Royal Highness the Princess Mother continued to advance its work under the PPAT Strategic Plan 2023–2028, aligned with the strategic framework of the International Planned Parenthood Federation (IPPF) and its four strategic pillars.

PPAT remained committed to a client-centred approach, ensuring that people—particularly vulnerable and underserved populations and people of diverse sexual orientations and gender identities—have equitable access to comprehensive, inclusive, and friendly information, education, and services related to Sexual and Reproductive Health and Rights (SRHR).

Key areas of work included the prevention and response to unintended pregnancy, access to safe abortion care, and the prevention of sexually transmitted infections (STIs) and HIV. PPAT also continued to raise awareness of sexual and reproductive health and rights and contribute to policy advocacy on unintended pregnancy prevention, safe abortion, and STI and HIV prevention.

PPAT strengthened collaboration with government agencies, the private sector, civil society organizations, local authorities, and national and international partners to advance SRHR at all levels. Volunteers continued to play an important role in supporting positive change and improving the quality of life of people in their communities.

At the organizational level, PPAT continued to strengthen its management systems, workforce capacity, and financial sustainability, with the long-term goal of achieving greater organizational self-reliance while maintaining its role as a leading organization in sexual and reproductive health and rights in Thailand.

Expanding Access to Quality SRHR Services

In 2025, PPAT continued to provide comprehensive SRHR services through its network of nine medical clinics across Thailand, while further developing service delivery models that are accessible, inclusive, and responsive to the needs of diverse populations, particularly vulnerable and underserved groups.

PPAT also expanded counselling and service provision through telemedicine, increasing convenience and reducing geographical and other barriers that may prevent people from accessing essential SRHR services.

In parallel, PPAT continued its proactive outreach through mobile health services in schools, workplaces, and communities. These initiatives provided information, education, counselling, and services related to reproductive health, unintended pregnancy prevention, safe abortion, STI prevention, and HIV prevention.

Strengthening Innovation and Sustainability

PPAT continued to develop innovative approaches to service delivery and organizational sustainability while strengthening the capacity of its staff and volunteers to serve as important agents of change in advancing sexual and reproductive health and rights.

During 2025, PPAT implemented a total of 37 projects, through which 76,681 people were reached with PPAT services, information, and program activities. These achievements demonstrate PPAT’s continued commitment to ensuring that everyone, especially those who are most vulnerable and underserved, can exercise their sexual and reproductive health and rights with dignity, equality, and without discrimination.

The implementation of PPAT’s activities was made possible through the active support and participation of volunteers, relevant partner organizations, and community members in the project areas.

In 2025, PPAT received a total of THB 137,305,758 in financial support from government agencies, the private sector, civil society organizations, and national and international partners. This support contributed significantly to the successful implementation of PPAT’s programs and activities throughout the year.

The key achievements of PPAT in 2025, implemented in accordance with the PPAT Strategic Plan 2023–2028, are presented under the following four strategic priorities:



Strategic Issue 1

Encourage people to aim for high-quality and be people-centered in providing high-standard services covering target groups across the country.



PPAT provides services through facilities that meet the International Planned Parenthood Federation (IPPF) Quality of Care (QoC) standards and the Youth-Friendly Health Services (YFHS) standards. High-quality, client-friendly services are delivered through nine PPAT medical clinics, complemented by telemedicine services to improve accessibility and convenience. A total of 31,482 clients accessed services, with a high level of satisfaction, reflected in a Net Promoter Score (NPS) of 85.6%, demonstrating clients' confidence in the quality of PPAT services.

PPAT also operates the Baan HormLamduan Elderly Care Center, which provides care for older persons and people with dependency needs and is certified in accordance with standards established by the Ministry of Public Health.

With financial support from national and international funding partners, PPAT implemented 28 projects to promote health and improve the quality of life of specific target populations. PPAT also deployed proactive outreach and mobile services providing reproductive health services, unintended pregnancy prevention, and HIV/STI testing. These interventions reached 25,570 young people and adolescents, female sex workers (FSWs), men who have sex with men (MSM), migrant workers, and refugees. A total of 77 communities actively participated in program implementation, contributing to the effective achievement of project objectives.



Family Planning and Reproductive Health Integration Services Project. PPAT strengthened the skills of service providers, including competencies in delivering excellent and client-friendly care, across its nine PPAT medical clinics. These comprise two clinics in Bangkok (Bangkhen and Pinklao); three in northern Thailand (Chiang Mai, Chiang Rai, and Lampang); two in northeastern Thailand (Khon Kaen and Ubon Ratchathani); and two in southern Thailand (Hat Yai and Phuket). The clinics provide standardized and safe counselling, family planning, and integrated reproductive health services. During 2025, 31,449 clients accessed services through PPAT clinics. In addition, PPAT medical clinics in Bangkhen, Hat Yai, Khon Kaen, Chiang Mai, Chiang Rai, and Lampang served as participating health promotion and disease prevention service units under Thailand's National Health Security Office (NHSO). A total of 7,493 clients exercised their entitlements to access contraception and family planning services through this mechanism. PPAT further expanded access through telemedicine, using the PPAT Clinic Web App and RSA Prompt, with medical teams from the PPAT Hat Yai and Khon Kaen clinics providing remote services. A total of 6,273 clients accessed services through telemedicine.





Baan Hormlamduan Nursing Home Project. The Baan Hom Lamduan Elderly Care Center provides comprehensive, high-quality, safe, and person-centred care for older persons. During 2025, the Center provided residential care to a cumulative total of 33 older persons, with an additional one client receiving day-care services. The Center maintained an average occupancy of 17 beds per month, equivalent to 85% of its total bed capacity. A dedicated care team provides 24-hour support, ranging from nutritionally appropriate meals to health - promoting and recreational activities tailored to the interests and needs of older persons. By placing older persons and their families at the centre of care, Baan Hom Lamduan was recognized with the Silver Award for Excellence in Elderly Care at the 3 National Academic Conference and Knowledge Exchange Forum, “Unheard Voices: Specific Population Groups.”

Humanitarian Crisis SRHR Assistance towards Displaced Persons in Humanitarian Crisis Project. As part of its humanitarian response, PPAT renovated and upgraded a health service facility at Mae La Temporary Shelter in Tha Song Yang District, Tak Province, to strengthen the provision of family planning and sexual and reproductive health services for people displaced from Myanmar. The shelter accommodates approximately 37,928 displaced people, many of whom continue to face significant barriers to accessing appropriate health services. The initiative aimed to improve their health, well-being, and quality of life through more accessible and sustainable SRHR services. The upgraded health facility achieved Quality of Care (QoC) certification and officially commenced service delivery in September 2025.



The Promotion of HIV Testing and AIDS Treatment Services among Migrants Workers Project. With financial support from the AIDS Healthcare Foundation (Thailand), PPAT implemented a project to increase access to HIV and sexually transmitted infection (STI) testing and facilitate referral to HIV care and treatment among migrant workers. PPAT provided rapid HIV testing services through proactive mobile outreach units and a migrant community health center in Mae Sot District, Tak Province, reaching a total of 3,687 migrant workers. Individuals who tested positive for HIV were referred for antiretroviral therapy (ARV) and linked to the continuum of care at Myawaddy Hospital in Myanmar. The project also strengthened awareness among migrant workers of the importance of STI and HIV prevention, early testing, and self-care, contributing to improved health, well-being, and health security among migrant communities.



HIV Prevention Services for Female Sex Workers and MSM in Bangkok, Chiang Mai, Khon Kaen, Nonthaburi, and Pathum Thani. With financial support from Thailand’s National Health Security Office (NHSO), PPAT implemented HIV prevention services in Bangkok, Chiang Mai, Khon Kaen, Nonthaburi, Pathum Thani, and Nakhon Nayok to increase access to HIV prevention, testing, and referral services among female sex workers (FSWs) and men who have sex with men (MSM). Working in collaboration with community volunteers, hospitals, and Provincial Public Health Offices, PPAT conducted mobile outreach activities providing health education and proactive HIV and syphilis testing. A total of 1,688 people were reached, including female sex workers, MSM, male sex workers, transgender women, and transgender sex workers. PPAT also provided continued follow-up to encourage regular repeat HIV and syphilis testing, supporting clients to maintain HIV-negative status through appropriate prevention and regular testing. Individuals diagnosed with HIV or syphilis were referred and linked to appropriate treatment and care services according to their healthcare entitlements.



RFA SPRINT Annual Workplan 2025 With financial support from IPPF Restricted Funds, PPAT implemented this project to strengthen access to sexual and reproductive health services for people displaced from Myanmar living along the Thailand–Myanmar border. PPAT systematically integrated Sexual and Reproductive Health in Emergencies (SRHIE) into its organizational emergency preparedness and response framework. A total of 45 participants, representing Mae La, Mae La Oon, and Mae Ra Ma Luang temporary shelters, received capacity-building training. The project also established clear operational frameworks, roles, and responsibilities for PPAT personnel involved in emergency response. This strengthened internal coordination, teamwork, and organizational readiness, enabling PPAT to respond more efficiently and effectively when humanitarian emergencies occur.



Advance Access to new HIV Prevention Biomedical Products

With financial support from the Family Planning Association of India (FPA India), PPAT implemented activities to increase access to biomedical HIV prevention among general and key populations across project areas in northern, northeastern, and southern Thailand. The project covered Chiang Mai, Chiang Rai, Lamphun, Lampang, and Tak in the North; Khon Kaen in the Northeast; and Pattani, Yala, Narathiwat, and Songkhla in the South. Through proactive education and community outreach activities, PPAT reached 13,193 people, including young people, sex workers, migrant workers, refugees, LGBTQIA+ people, and members of local communities. PPAT also developed communication materials, including brochures, infographics, and videos, to increase awareness and understanding of biomedical HIV prevention, particularly pre-exposure prophylaxis (PrEP), as well as HIV/STI prevention and reproductive health. In addition, PPAT conducted proactive mobile services providing voluntary HIV and syphilis screening, reaching 2,227 clients. Among those screened, 103 people met the eligibility criteria for PrEP and were referred to hospitals and clinics in their respective areas to access PrEP services.





Responding to the Sexual and Reproductive Health Needs of People Displaced from the Myanmar Border. With financial support from the Japan Trust Fund (JTF), PPAT implemented comprehensive interventions to improve access to sexual and reproductive health and rights (SRHR) among people displaced from Myanmar. A total of 1,922 displaced people from Myanmar participated in SRHR education and training activities. PPAT also established a network of volunteers to provide 24-hour access to SRHR support and services, through which 7,280 service contacts were recorded. The project strengthened prevention and response to gender-based violence (GBV), with 30 survivors of GBV referred to appropriate services and support. In the area of HIV and STI prevention, PPAT provided HIV/STI education to 5,034 displaced people, while 177 people received screening services. A total of 84 people were referred and supported to access antiretroviral therapy (ARV). In addition, four mothers and newborns were referred for further assistance and appropriate care. PPAT also provided education on the prevention of unintended pregnancy, reaching 1,819 participants, while 11,532 family planning counselling service contacts were provided. Overall, the project strengthened access to essential family planning, HIV/STI, SRHR, and GBV prevention and response services in humanitarian settings, helping ensure that people displaced from Myanmar could access critical information, counselling, referral, and care despite the significant challenges associated with displacement and emergency conditions.



Strengthening Knowledge and Services on Sexual and Reproductive Health and Rights (SRHR) and Gender-Based Violence (GBV) for Displaced Persons along the Thailand–Myanmar Border.

With financial support from the United Nations Population Fund (UNFPA Thailand), PPAT implemented this project to address the SRHR and protection needs of people displaced from Myanmar living in three temporary shelters: Mae La, Mae La Oon, and Mae Ra Ma Luang. PPAT provided SRHR education to 1,097 people and gender-based violence (GBV) education and awareness activities to 15,000 people. The project also strengthened the capacity of 471 community leaders to promote the prevention and elimination of gender-based violence and organized community dialogues to encourage collective action against violence. To strengthen referral and survivor support systems, PPAT developed service mapping, referral directories, and Standard Operating Procedures (SOPs) for GBV care and referral. The project also strengthened a referral hotline system and supported safe transportation for survivors of gender-based violence to access appropriate services. Family planning referral services were established with five hospitals, while 100 people received HIV screening services and 10 GBV survivors received counselling and referral support. Overall, the project strengthened displaced communities' knowledge of sexual and reproductive health and improved access to essential SRHR and GBV services in humanitarian settings. It also contributed to changing community attitudes by reinforcing the understanding that preventing and responding to gender-based violence is a shared community responsibility, rather than an issue for women alone.



Meeting the essential SRH needs of communities affected by Military conflict in Myanmar, especially in refugee host border zones in Thailand.

With financial support from IPPF Restricted Funds, PPAT provided essential sexual and reproductive health services to populations living in temporary shelters in Tak and Mae Hong Son provinces who had been affected by the armed conflict in Myanmar. PPAT established mobile and temporary SRH service points and conducted education and awareness activities on the prevention of sexual and gender-based violence, helping displaced populations better understand their rights and available services. A total of 3,135 people accessed SRH services, including injectable contraceptives, contraceptive implants, oral contraceptive pills, and condoms. Educational materials were also distributed so that health information could be further shared with individuals and groups who had not yet been reached by services. In addition, PPAT provided training on the Minimum Initial Service Package (MISP) for Sexual and Reproductive Health in Crisis Situations to PPAT staff. The training strengthened staff capacity and understanding of the essential, life-saving SRH interventions and priority actions that must be implemented rapidly at the onset of a humanitarian emergency.

Meeting the essential SRH needs of communities affected by Military Conflict between Thailand and Cambodia.

With financial support from IPPF Restricted Funds, PPAT responded to the sexual and reproductive health needs of people affected and displaced by the Thailand–Cambodia border conflict in Ubon Ratchathani and Si Sa Ket provinces, applying the principles of the Minimum Initial Service Package (MISP). PPAT distributed 487 dignity kits to vulnerable populations and provided education on SRHR and HIV/STI prevention to 8,174 people, including young people in educational institutions, teachers, displaced people in affected communities, and military reservists. PPAT also deployed mobile health services reaching 155 people with essential care. These interventions helped conflict-affected populations gain access to critical SRHR information and services, as well as HIV and STI prevention information, with particular emphasis on vulnerable and hard-to-reach populations within affected communities.



Meeting the essential SRH and other health related needs of communities affected by Floods in Southern Thailand.

With financial support from the IPPF Restricted Fund, PPAT provided humanitarian assistance to communities affected by flooding in Songkhla and Pattani provinces. PPAT coordinated with relevant agencies providing assistance in temporary shelters and prepared and distributed a total of 2,327 Dignity Kits and Home Visit Kits to support flood-affected populations. In addition, PPAT conducted SRHR education and awareness activities, reaching 6,249 people with essential information on sexual and reproductive health. PPAT also distributed 285 packs of oral contraceptive pills and 9,396 condoms to support continuity of contraceptive access and reduce sexual and reproductive health risks during the emergency. These interventions enabled flood-affected populations, particularly those facing heightened vulnerability, to access essential SRHR information, supplies, and services; strengthen their ability to protect their own health; and reduce sexual and reproductive health risks during the humanitarian emergency.





PPAT promoted the active participation of 96 educational institutions at all levels and 15 communities in project areas to advance comprehensive sexuality education, reproductive health, sexual rights, and gender equality. PPAT received financial support, condoms, and contraceptive supplies from 15 partner organizations and implemented seven projects to strengthen the capacity of children and youth volunteers, enabling them to share knowledge and lead activities within their schools and communities. PPAT also collaborated with a network of 13 government agencies and civil society organizations to support the translation of policies into practice and sustain joint efforts to prevent unintended pregnancy, sexually transmitted infections (STIs), and HIV. In addition, PPAT disseminated SRHR information through printed materials, 25 radio stations, and multiple online platforms. Through these communication channels, a total of 995,292 people were reached with information on reproductive health and sexual well-being.



The Project on Increasing Access to Knowledge and Services on Sexual and Reproductive Health and HIV Prevention in Educational Institutes and Communities.

PPAT implemented this project to improve access to reproductive health and HIV prevention information and services among vulnerable populations, with particular emphasis on adolescents and young people. The project engaged 46 educational institutions, comprising 11 schools in northern Thailand, six in the Northeast, and 29 in the South. PPAT trained 143 lead teachers and youth peer leaders, strengthening their knowledge and awareness of sexual and reproductive health and enabling them to plan and conduct educational activities for students within their own schools. PPAT subsequently supported the trained teachers and youth leaders in delivering accurate and age-appropriate information on sexual and reproductive health and rights, prevention of unintended pregnancy, and prevention of sexually transmitted infections. Through these activities, 6,677 adolescents and young people were reached with SRHR information and education. The project also supported the establishment of youth-friendly reproductive health counselling points and improved access to contraceptive supplies for young people. These interventions contributed to greater awareness among students of how to prevent unintended pregnancy and STIs and strengthened their ability to make informed and responsible decisions about their sexual and reproductive health.

The Project on Fishermen's Life Enhancement Center. With financial support from Charoen Pokphand Foods Public Company Limited (CPF), PPAT worked in partnership with the Songkhla Fishery Workers' Welfare and Governance Center to provide educational opportunities for 50 migrant children. Learning activities were tailored to the children's levels of knowledge and age groups, with particular attention to ensuring age-appropriate development among younger children. The project also expanded access to formal education, enabling 11 migrant children to continue their education in Thai public schools. In addition, PPAT organized a campaign to mark the World Day Against Child Labour, bringing together partners and representatives from government agencies, the private and business sectors, and university students. Participants jointly advocated against child labour under the theme "Let's speed up efforts to end child labour everywhere."



HIV Prevention Promotion among Youths in Educational Institutes. With financial support from the Institute for Urban Disease Control and Prevention, PPAT conducted training and demonstrations on the use of the "Kuan Teen" online platform, while strengthening the communication skills of teacher advisors and youth peer leaders from four educational institutions in Bangkok. The initiative equipped teachers and youth leaders with the skills to identify and reach vulnerable young people and facilitate appropriate referral and support. In parallel, 363 students received education on sexual and reproductive health, HIV prevention, and STI prevention. A further 196 young people participated in screening for vulnerabilities, personal challenges, and risk behaviours through the Kuan Teen online platform. As a result, young people strengthened their knowledge of sexual and reproductive health, HIV and STI prevention, and pathways to youth-friendly health services. At the same time, teachers gained a better understanding of the risks and vulnerabilities affecting students in their schools, enabling them to provide more appropriate and timely support.

HIV Prevention Project among Youth in Pathum Thani Province. With financial support from the Office of Disease Prevention and Control Region 4, Saraburi, PPAT conducted capacity-building activities for teacher advisors and youth peer leaders to strengthen communication skills and knowledge related to HIV prevention. Youth leaders from eight educational institutions in Pathum Thani Province were equipped to reach, advise, and support vulnerable peers. In parallel, PPAT provided comprehensive education on reproductive health, HIV/AIDS, and sexually transmitted infections to 1,463 young people. PPAT also deployed outreach services providing HIV and syphilis screening, together with timely referral mechanisms for those requiring further care. A total of 548 young people received screening services. Through these interventions, the project strengthened young people's knowledge and prevention skills while improving their access to early testing, youth-friendly health services, and appropriate referral and care.



Empowering our Youth access to SRHR and FP. With financial support from the United Nations Population Fund (UNFPA Thailand), PPAT implemented the Youth Empowerment Project to strengthen young people's knowledge, capacity, and participation in sexual and reproductive health and rights. The project included a study of adolescent mothers who had previously participated in SRHR programs. In Nan Province, the Palang Joe Youth Group provided capacity-building for healthcare providers from Subdistrict Health Promoting Hospitals, leading to the development of proactive community-based action plans. Provincial-level children and youth network workshops were also organized to strengthen knowledge and jointly develop strategic plans. The Palang Joe Youth Group further supported adolescent mothers through the distribution of 28 welfare support packages and provided nutrition education to 126 participants, contributing to efforts to reduce health risks and prevent maternal and child mortality among adolescent mothers. In addition, the Raks Thai Foundation, in collaboration with the Children and Youth Council, delivered the I-Design 2025 curriculum to 183 students. The training strengthened young people's understanding of SRHR, comprehensive sexuality education, family planning, STI prevention, and available youth-friendly health services.

Advancing Gender Equity Through Empowering Women and Girls (Her Power).

With financial support from UNFPA Thailand, PPAT implemented the Her Power Project to advance gender equality and strengthen the empowerment of women and girls in Thailand's southern border provinces. A total of 207 women and men from the three southern border provinces participated in training on different dimensions of gender-based violence (GBV) prevention and response, strengthening their understanding of approaches to ending violence. PPAT also convened meetings with partner networks to advance gender equality, prevent and eliminate GBV, and strengthen the empowerment of women and girls. The initiative further contributed to the development of relevant data and evidence in Thailand in support of Sustainable Development Goal 5 (SDG 5): Gender Equality.



Girls Act 2025 With financial support from the AIDS Healthcare Foundation (Thailand), PPAT strengthened Girls Act 2025 youth leaders to serve as peer educators and provide information and support to other young people in educational institutions. Through peer-led activities, the Girls Act leaders reached 1,991 young people, strengthening their knowledge of HIV/AIDS, sexually transmitted infections, contraceptive methods, and school bullying. Youth leaders also participated in the MURAL PROJECT, creating mural artwork to communicate the experiences, empowerment, and values of Girls Act and to amplify the voices of girls in Thailand. In conjunction with Menstrual Hygiene Day (MHD) 2025, PPAT also provided menstrual health education to 350 young people. The activities strengthened accurate knowledge and understanding of menstruation, including beliefs surrounding menstruation and appropriate self-care during the menstrual cycle.



PPAT Moon Blood Festival. With financial support from IPPF Restricted Funds, PPAT developed a training curriculum for the MBA Youth Leadership Programme to promote greater understanding and acceptance of menstrual diversity. Youth leaders from eight provinces participated in the initiative, reaching a total of 705 participants. The trained youth leaders were equipped to apply their knowledge by developing and implementing initiatives within their schools and communities, further expanding awareness and promoting positive social change. PPAT also organized the Moon Blood Festival exhibition at the Bangkok Art and Culture Centre, attended by 225 participants. The exhibition created an inclusive public space for learning and dialogue on menstrual health, gender diversity, gender identity, and sexual health, helping bring greater visibility to issues that may otherwise be difficult for many people to access or discuss openly.

Campaign for HIV Prevention Towards the Goal of Ending the AIDS Problem in Chiang Mai Province. With financial support from the Office of Disease Prevention and Control Region 1, Chiang Mai, PPAT conducted capacity-building training for 245 youth leaders, lead teachers, and hospital personnel in Omkoi District. The training strengthened participants' knowledge of sexual and reproductive health, sexuality and gender expression, HIV/AIDS, and sexually transmitted infections (STIs). Participants also developed leadership and communication skills to serve as peer educators and disseminate accurate health information through a peer-to-peer ("Friends Helping Friends") approach.





Enhancing women's knowledge on reproductive health and creating opportunities for career development to promote well-being and sustainability in the three southern border provinces. With financial support from the Planned Parenthood Association of Thailand Foundation, PPAT implemented activities to strengthen knowledge and improve livelihood opportunities among women and girls from vulnerable and underserved communities in Thailand's three southern border provinces. A total of 92 participants received education on sexual rights, family planning, prevention of unintended pregnancy, and prevention of sexually transmitted infections, strengthening their ability to make informed decisions about their sexual and reproductive health. In addition, PPAT provided vocational and livelihood skills development to 11 participants from Narathiwat, Pattani, and Yala provinces, enabling them to apply their newly acquired skills toward income generation and more sustainable livelihoods.

Sex work Consortium. With financial support from IPPF Restricted Funds, PPAT participated in the We All Pride Thailand 2025 @ Bangkok parade under the theme "WE All Equality – Committed to Equality." The campaign promoted equality, inclusion, sexual rights, and greater public awareness of sexual and reproductive health and rights. PPAT also collaborated with the EMPOWER Foundation to provide proactive outreach services, including cervical cancer screening for sex workers, while raising awareness of sexual health, self-care, prevention, and the importance of regular health screening. In parallel, PPAT worked with ID-Soft House to develop a Project Management System (PMS) to strengthen project management, monitoring, and organizational efficiency.



Developing the capacity of ethnic youth leaders in sexual and reproductive health in Chiang Rai Province. With financial support from the Planned Parenthood Association of Thailand Foundation, PPAT provided training on the Minimum Initial Service Package (MISP) to 60 ethnic minority youth leaders in Chiang Rai Province. Following the training, youth leaders applied and shared their knowledge through community-based counselling and information services, reaching 1,525 children, young people, and community members. The initiative contributed to expanding sustainable access among ethnic minority communities to sexual and reproductive health information, HIV/AIDS and STI prevention, counselling, and contraceptive supplies, while strengthening the role of young people as community leaders and agents of change.



PPAT collaborated with government agencies and civil society organizations through meetings, training programs, and knowledge-exchange platforms to strengthen technical knowledge and enhance standards of practice in sexual and reproductive health and rights (SRHR), gender equality, and the empowerment of women and girls. PPAT also organized the academic forum “The Family Code 2025: Rights, Dreams and Hopes for Building a Family” to promote a comprehensive and positive understanding of family formation and to contribute to public dialogue with partner networks. In addition, PPAT produced and disseminated educational and communication materials through various channels, including the Family Journal, brochures, posters, and multimedia materials on reproductive health and contraception. PPAT also continued to mobilize financial support for programs addressing SRHR in emergencies, gender-based violence (GBV), the empowerment of women and girls, and improved access to health services for sex workers.



SRHR Knowledge Dissemination for Quality of Life Improvement. PPAT disseminated information and raised public awareness on sexual and reproductive health and rights, sexual well-being, prevention of unintended pregnancy, as well as PPAT’s programs, activities, and achievements. A diverse range of communication channels was used to ensure that adolescents, young people, and the general public could easily access accurate and reliable information. Printed materials included annual performance reports, the Family Journal, brochures, exhibition materials, and posters. PPAT also disseminated information through television and 25 radio stations, as well as a wide range of digital and multimedia content, including videos, infographics, websites, video clips, and digital posters. Online communication was delivered through PPAT’s official website and social media platforms, including YouTube, LINE Official Account “HAPPY FAMILY BY PPAT,” Facebook, X/Twitter, Instagram, and TikTok. PPAT official website PPAT also participated in the “We All Pride Thailand 2025 @ Bangkapi” parade, celebrating gender and sexual diversity while advocating for greater understanding, inclusion, equality, and positive social change at all levels of Thai society.

Research and Program Development

Project. PPAT developed and submitted project proposals to national and international funding partners to mobilize resources for the implementation of the PPAT Strategic Plan. Priority areas included SRHR, access to safe abortion services, and policy advocacy, with particular attention to populations that continue to face barriers in accessing essential information and services. PPAT also strengthened its role in research and academic knowledge development. One initiative involved a study entitled “A Review for the Development of a Guide on Sexual and Reproductive Health Care for Older Persons,” which included a review of existing elderly-care guidelines and resources developed by organizations in Thailand and internationally. In addition, PPAT presented the research paper “Knowledge, Attitudes and Practices on Sexual and Reproductive Health in Emergency Settings among People Displaced from Myanmar in Tak and Mae Hong Son Provinces” at the National Population Studies Conference. PPAT further organized the academic forum “The Family Code 2025: Rights, Dreams and Hopes for Building a Family.” The forum promoted knowledge, understanding, and positive attitudes toward family formation among people from diverse backgrounds, highlighted the diversity of contemporary family structures, and contributed to reducing social stigma and discrimination against different forms of families.



Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance.

PPAT is committed to establishing a systematic and practical organizational knowledge management system, while continuously strengthening the capacity of staff and volunteers in comprehensive sexuality education, sexual and reproductive health and rights (SRHR), and psychosocial counselling. PPAT also continues to expand community-based volunteer networks and develop up-to-date curricula and learning materials that are responsive to the needs and contexts of young people and vulnerable populations. These efforts strengthen the Association's institutional knowledge and enable PPAT to scale up quality programs and interventions effectively. At the same time, PPAT continues to strengthen quality service delivery systems, improve clinic efficiency, and enhance cost-effectiveness. Financial and accounting systems are being strengthened to promote transparency, accountability, and effective internal controls, supported by the increased use of digital technologies in organizational management. PPAT remains firmly committed to good governance and continues to strengthen strategic partnerships and collaborative networks. Together, these efforts enhance organizational credibility, effectiveness, accountability, and long-term sustainability.



The Organization and Resource Development Project. PPAT continued to strengthen its organizational management systems in alignment with the PPAT Strategic Plan 2023–2028, with the aim of enhancing institutional capacity, organizational effectiveness, and long-term sustainability. The Association is supported and governed by committees comprising qualified and experienced members, who provide oversight to ensure that PPAT operates effectively and in accordance with established standards. The committees provide strategic guidance, recommendations, and advice to strengthen and improve different areas of organizational performance. PPAT also maintained collaboration with government agencies, civil society organizations, and the private sector to integrate and leverage the knowledge, resources, expertise, and capacities of different sectors in support of its mission. Particular emphasis was placed on staff capacity development and continuous learning. PPAT regularly provided opportunities for staff to strengthen their knowledge, exchange experiences, and develop competencies relevant to their roles and responsibilities. Training and development activities included competency development aligned with staff roles and responsibilities, Quality of Care (QoC) standards for healthcare facilities, and teamwork within a workforce characterized by diversity in gender identities and generations. In parallel, PPAT continued to upgrade and improve its medical clinics to ensure that facilities remain appropriate, safe, accessible, and compliant with the healthcare facility standards and requirements of Thailand's Ministry of Public Health.

Appendix 1

Key Achievement in 2025 According to Strategic Plan 2023-2028

Strategic Issue 1 : Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country (18 Projects)

Goal 1.1 : Standard quality service system, which meets the needs of diverse target groups comprehensively, and with respect for human rights.

Table 1 : Key Achievement According to Goal 1.1

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of target groups accessing PPAT's services. (Persons)	135,000	24,628	30,426	31,482	86,536	64.1
2) Customer satisfaction level for PPAT services. (Percentage) 2) Customer satisfaction level for PPAT services. (Percentage)	85	80	83	85.6	82.9	97.5
3) All service delivery point pass standardized service system according to Youth Friendly Health Services (YFHS) (Percentage)	100	100	100	100	100	100
4) All service delivery point pass Quality of Care Service standard of the IPPF. (Percentage)	100	100	100	100	100	100
5) Personnel who have undergone training on service management with quality and standards (Quality of Care) (Percentage)	95	97	97	100	98	103.2
6) Elderly and dependent care center certified by Ministry of Public Health. (Standard)	1	1	1	1	1	100
7) Personnel who have undergone training from internal and external organization. (Percentage)	100	97	97	100	98	98

Goal 1.2 : The specific target population is supported and encouraged to achieve good health and quality of life, to take care of themselves, and to maintain good reproductive health, while promoting equality and self-reliance.

Table 2 : Key Achievement According to Goal 1.2

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of well-being and quality of life promotion projects organized for specific target groups. (Projects)	120	20	25	28	73	60.8
2) Number of specific target groups that use the service. (Persons)	157,500	28,396	57,715	52,571	138,628	88.1
3) Number of communities involved in driving operations. (Communities)	90	15	41	77	133	147.8

Strategic Issue 2 : Promote rights and equality in reproductive health and sexual rights. (9 Projects)

Goal 2.1 : Promote and support government agencies, the private sector, civil society and local governments in advancing policies and laws related to reproductive health and sexual rights into practice.

Table 3 : Key Achievement According to Goal 2.1

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of agencies that continuously support implementation of the policy. (Organizations)	12	3	4	6	20	166.7
2) Number of media posts to provide knowledge that the agency produces for public dissemination. (Times)	1,350,000	235,900	977,079	995,292	2,208,271	163.6

Goal 2.2 : Promote and support networking of public, private and civil society organizations with a focus on children and youth networks to drive society to have values and equal gender norms.

Table 4 : Key Achievement According to Goal 2.2

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of institutions participating in sexuality education. (Institutions)	120	100	61	96	257	214.2
2) Number of communities that support the operations of the Children and Youth Network. (Communities)	30	9	11	15	35	116.7
3) Number of agencies providing budget support or operational resources. (Organizations)	31	12	11	15	38	122.6
4) Number of projects that children and youth volunteers participate in or initiate. (Projects)	18	8	6	7	21	116.7

Strategic Issue 3 : Create network alliances to promote reproductive health and sexual rights.
(2 Projects)

Goal 3.1 : Collaborate with government agencies, the private sector and civil society, local government organizations and individuals/groups who are allied to support social movements on reproductive health and sexual rights.

Table 5 : Key Achievement According to Goal 3.1

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of agencies/groups of people participating in organizing public forums. (Organizations)	12	4	4	4	12	100
2) Number and type of medias that the agency produces and disseminates to the public. (Types)	3	3	3	3	9	300

Goal 3.2 : Collaborate with government agencies, private sector, civil society and local government organizations that are allies in developing innovations and exchanging knowledge for advancing work on reproductive health and sexual rights.

Table 6 : Key Achievement According to Goal 3.2

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Number of meetings, seminars and knowledge exchange forums organized under the cooperation of partner agencies. (Times)	24	22	69	4	95	395.8
2) Number of research/innovations/new initiatives funded from funders. (Initiatives)	11	2	7	6	15	136.4
3) Number of research, articles, infographic discriminated and published. (Articles)	12	7	7	2	16	133.3
4) Number of research reports or programs/projects supporting PPAT strategy. (Reports)	12	4	3	1	8	66.7

Strategic Issue 4 : Develop the organization to be a leader in reproductive health learning and sexual rights with an emphasis on self-reliance. (3 Projects)

Goal 4.1 : To be a learning organization with potential and excellence in reproductive health and sexual rights based on the principle of volunteer participation.

Table 7 : Key Achievement According to Goal 4.1

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Service quality certificate awarded by IPPF to the PPAT. (Certificate)	1	1	1	1	1	100
2) Participation of external experts as committee members in the organizational structure. (Persons)	20	46	46	46	138	690
3) develop a 5-year personnel development plan. (Plan)	1	-	-	-	-	-
4) Number of activities organized to promote safety and environmental friendliness. (Projects)	12	2	2	-	4	33.3

***Note : PPAT has an annual personnel development plan. The 5-year long-term personnel development plan is currently underway.

Goal 4.2 : Adhere to good governance in a democratic way to build confidence in work that lead the organization towards sustainability.

Table 8 : Key Achievement According to Goal 4.2

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) All personnel have performance agreement and evaluation guidelines that be updated annually. (Percentage)	100	-	-	Currently being piloted.	Currently being piloted.	-
2) Percentage of personnel/volunteers with good working skills to be conveyed to others. (Percentage)	80	85	85	85	85	106.3

Goal 4.3 : To be an organization with financial competence and self-reliance and sustainable.

Table 9 : Key Achievement According to Goal 4.3

Indicators	Target 2023-2028	Achievement				
		2023	2024	2025	Total 2023-2025	Percentage
1) Management structure and one-stop service unit.	1	1	1	1	1	100
2) Model/guidelines for the organization's income self-reliance and sustainable under the concept of social enterprise.	1	1	1	1	1	100

Appendix 2

Project according to Strategic Plan and source of funding 2025 (37 Projects)

Project	Source of funding	Duration
Strategic Issue 1: Encourage people to aim for high-quality and to be people-centered in providing high-standard services covering target groups across the country (17 projects)		
1. Family Planning and Reproductive Health Integration Services Project	- Local Income	Jan - Dec 2025
2. Baan Hormlamduan Nursing Home Project	- Local Income	Jan - Dec 2025
3. Baan Hormlamduan Kitchen Project	- Local Income	Jan - Dec 2025
4. Humanitarian Crisis SRHR Assistance towards Displaced Persons in Humanitarian Crisis Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
5. The Promotion of HIV Testing and AIDS Treatment Services among Migrants Workers Project	AIDS Healthcare Foundation (Thailand)	Jan - Dec 2025
6. The HIV Prevention Service for Female Sex Workers in Chiang Mai Province Project	Office of National Health Security 1 Chiang Mai	Dec 2024 - Jul 2025
7. HIV Prevention Service for Female Sex Workers in Nonthaburi, Pathumthani and Nakorn Nayok Province Project	Office of National Health Security 4 Saraburi	Dec 2024 - Jul 2025
8. The Promotion of HIV testing and AIDS treatment services among MSM/TG in Bangkok Project	Office of National Health Security 13 Bangkok	Dec 2024 - Jul 2025
9. HIV Prevention Service in Khon Kaen Province	Office of National Health Security 7 Khon Kaen	Jan - Dec 2025
10. RFA SPRINT Annual Workplan 2025	International Planned Parenthood Federation (IPPF Restricted)	Jan - Dec 2025
11. Advance Access to new HIV Prevention Biomedical Products	Family Planning Association of India (FPA India)	Jan 2024 - Dec 2025
12. Responding to the sexual and reproductive health (SRH) needs of the displaced persons from Myanmar border area.	Japan Trust Fund (JTF)	Apr 2024 - Sep 2025
13. Community Caring for the Health of the Elderly in Chatuchak District, Bangkok	Planned Parenthood Association of Thailand	Jul 24 - Mar 2025
14. Strengthening Knowledge and Services on Sexual and Reproductive Health and Rights (SRHR) and Gender-Based Violence (GBV) for Displaced Persons along the Thailand–Myanmar Border	UNFPA	Jun – Dec 2025
15. Meeting the essential SRH needs of communities affected by Military conflict in Myanmar, especially in refugee host border zones in Thailand	International Planned Parenthood Federation (IPPF Restricted)	Aug – Dec 2025
16. Meeting the essential SRH needs of communities affected by Military Conflict between Thailand and Cambodia	International Planned Parenthood Federation (IPPF Restricted)	Aug - Nov 2025
17. Meeting the essential SRH needs of communities affected by floods in Southern Thailand	International Planned Parenthood Federation (IPPF Restricted)	Dec 2025
Strategic Issues 2 : Promote right and equality in reproductive health and sexual right (13 projects)		
1. The Project on Increasing Access to Knowledge and Services on Sexual and Reproductive Health and HIV Prevention in Educational Institutes and Communities	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025

Project	Source of funding	Duration
2. The Project on Fishermen's Life Enhancement Center	Charoen Pokphand Foods Co.,Ltd.	Jan - Dec 2025
3. HIV Prevention Promotion among Youths in Educational Institutes	Institute of Urban Disease Control	Dec 2023 – Jul 2025
4. HIV Prevention Promotion among Youths in Educational Institutes in Pathum Thani Province	Office of Disease Prevention and Control 4 Saraburi	Dec 2023 – Jul 2025
5. Empowering our Youth access to SRHR and FP	The United Nations Population Fund (UNFPA Thailand)	Jan - Dec 2025
6. Advancing Gender Equity Through Empowering Women and Girls (Her Power)	Office of Disease Prevention and Control Region 1 Chiang Mai	Jan - Dec 2025
7. Girls Act 2025	AIDS Healthcare Foundation (Thailand)	May - Dec 2025
8. Enhancing Reproductive Health Skills and Empowering Youth and Women in Pattani, Yala, and Narathiwat Provinces	Foundation for the Planned Parenthood of Thailand	Jul 2024 - Mar 2025
9. PPAT Moon Blood Festival	RFA SPRINT	Oct 2024 - Jun 2025
10. Campaign for HIV Prevention Towards the Goal of Ending the AIDS Problem in Chiang Mai Province	Office of Disease Prevention and Control Region 1 Chiang Mai	Jan – Sep 2025
11. SWC	International Planned Parenthood Federation (IPPF Restricted)	Feb 2025 – Jan 2027
12. Enhancing women's knowledge on reproductive health and creating opportunities for career development to promote well-being and sustainability in the three southern border provinces	Foundation for the Planned Parenthood of Thailand	Apr - Dec 2025
13. Developing the capacity of ethnic youth leaders in sexual and reproductive health in Chiang Rai Province	Foundation for the Planned Parenthood of Thailand	Apr - Dec 2025
Strategic Issues 3 : Create network alliances to promote sexual right and reproductive health (2 projects)		
1. SRHR Knowledge Dissemination for Quality of Life Improvement	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
2. Research and Program Development Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
Strategic Issues 4 : Develop the organization to be a leader in reproductive health learning and sexual right with an emphasis on self-reliance. (5 Projects)		
1. Social Enterprise Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
2. Monitoring and Evaluation Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
3. The Organization and Resource Development Project	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
4. PPAT Human Resource Development (HRD) Program: Enhancing Staff Potential and Capacity	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025
5. Project for the Development and Renovation of the PPAT Chiang Mai Medical Clinic and the PPAT Bang Khen Medical Clinic	- Local Income - International Planned Parenthood Federation (IPPF)	Jan - Dec 2025



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- | | |
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